

# 7 DAYS EVEREST HELICOPTER TOUR



## Overview

The 7-Day Everest Heli Tour is a comprehensive package designed for mountain lovers with limited time in Nepal but a desire to experience Everest. This best-selling tour includes a short trek to Namche Bazaar, followed by a helicopter flight to Everest Base Camp.

With this tour, we use helicopters for a swift journey to and from the base camp, allowing you to enjoy the appeal of Everest with minimal effort. The trek begins with a short and easy walk to Phakding and Namche Bazaar, which serves as the ultimate destination for Everest enthusiasts. Along this route, you will be captivated by the beauty of the mountains and the breathtaking scenery.

This refreshing and invigorating excursion to Everest Base Camp is designed for dreamers. Escaping the pressures of daily life, we embark on a comfortable journey to the base of mighty Everest. We witness the awe-inspiring mountains and immerse ourselves in the beauty of Sherpa culture and traditions. The surrounding mountains create a stunning backdrop for the enchanting valleys, thrilling bridges, prayer-flag adorned stupas, and charming villages in the Everest region. By skipping the walking part and opting for the Everest Base Camp helicopter tour, you can fully enjoy the Himalayas on this short trip to EBC.

**Optional: For all the helicopter enthusiasts, you now have an option to take a luxurious and adventurous helicopter flight from Kathmandu to Lukla and back from Lukla to Kathmandu by paying extra USD250PP one way . With this, you no longer have to worry about flights being delayed or canceled, which can happen every now and then due to bad weather.**

## Highlights

- Lukla's finest, most stunning Flight.
- A little trek to the gate to Everest, Namche Bazaar
- A breathtaking and exciting trip to Everest Base Camp by helicopter

- Get to know the Sherpa community's history and lifestyles
- Mt. Everest (8848 m ), Mt. Lhotse (8516 m), Cho Oyú (8201 m) and Mt. Macalu (8463 m) are the beauty of some of the world's highest summits.
- Admire the majestic Khumbu Glacier, the highest glacier in the world.
- Witness the incredible elegance of the Icefall of Khumbu(5486 m)
- Lifetime Experience on a thrilling helicopter ride.

# Outline Itinerary ( 7 Days )

## Day 1 : Arrival at Kathmandu

Your arrival to Tribhuvan International Airport and transfer to Hotel. Orientation in the evening at around 5 PM. After your orientation meeting, welcome dinner at Local restaurant.

**Max Altitude** Kathmandu (1,400 m)

**Overnight** Himalayan Suite Hotel

**Meal** Dinner included

## Day 2 : Flight to Lukla by plane or helicopter and trek to Phakding

Early morning flight to Lukla, the gateway to Khumbu region to start the trek. The trek starts from the very day to the up-hill up-to Phakding for 3-4 hours. We will stop at Phakding and stay overnight at Sherpa Shangrila Resort. (B)

**Max Altitude** Lukla (2,840 m)

**Duration** 3-4 hrs

**Overnight** Sherpa Shangrila Hotel

**Meal** Breakfast included

## Day 3 : Trek to Namche

Early morning after breakfast, we start our journey through a pine forest and walk alongside the Dudh Koshi river. We ascend on a steep trail and reach Namche Bazaar (5-6 hours) which is probably the biggest town in the Everest region. Overnight at Hotel Sherpaland. (B)

**Max Altitude** Namche Bazaar (3,535 m)

**Duration** 5-6 hrs

**Overnight** Hotel Sherpaland

**Meal** Breakfast included

## Day 4 : Acclimatization at Namche

To avoid the altitude sickness, we need to acclimatization in Namche Bazaar. Namche Bazaar is the most beautiful and primary town of the Everest region. The place is occupied by the colorful market with ATMs, government office, shops, restaurants and so on. Overnight at Hotel Sherpaland. (B)

**Max Altitude** Namche Bazaar (3,535 m)

**Overnight** Hotel Sherpaland

**Meal** Breakfast included

## Day 5 : Heli tour to Everest Base Camp/Kalapathar

We start the day as right on time as conceivable to relish the magnificence of Mount Everest. We fly from Namche Bazaar over Everest Base Camp, Khumbu Glacier and Kalapathar with a helicopter. Moreover, we climb till Kala Patthar(5,555m), the most elevated height purpose of our outing. It might be a touch of testing as we climb tough in higher rise. In spite of the case, it is prescribed to take the rising. Mount Everest(8,848m) holes up behind Mount Lhotse(8,516m), which is the reason we climb to Kalapathar to observe the strong Everest alongside other charming Himalayan pinnacles. We spend many occasions here and taste a decent cup of tea in the midst of the peacefulness of the world's most noteworthy mountains. As we slip down to Gorak Shep, we appreciate the alluring excellence of the path. We fly back to Lukla and end for a night. With save time available, we can walk around the Lukla town and grasp the

excellence and the advantage of the spot.

**Max Altitude** Kala Patthar(5,555m)

**Overnight** Hotel Mera

**Meal** Breakfast included

## **Day 6 : Fly back to Kathmandu by plane or helicopter and Kathmandu sightseeing tour**

After the breakfast you will catch the early morning flight to Kathmandu from Lukla and sightseeing tour of Kathmandu valley in various sites which have been listed in the World Heritage Sites by UNESCO.

(Pashupatinath Temple / Kapan Monastery/Budhanilkantha, Boudhanath, Swayambhu and Patan Durbar Square). Overnight at Gokarna Forest Resort/ Hyatt Place Kathmandu or similar. (B)

**Max Altitude** Kathmandu (1,400 m)

**Overnight** Gokarna Forest Resort/ Hyatt Place Kathmandu

**Meal** Breakfast and Dinner included

## **Day 7 : Departure Day**

You will have your breakfast in the morning and the airport representative will drop you to the airport for your International flight as per your flight schedule. Or if you are staying Nepal for few more days, you can join another trip. (B)

**Meal** Breakfast included

## Include / Exclude

- Airport Pickup & drop and all land transfers
- Accommodation in Kathmandu first 1 night after your arrival in Himalayan Suite Hotel (3\*) on twin sharing bed and breakfast basis.
- Last 1 night accommodation before your departure at Gokarna Forest Resort or Hyatt Place Kathmandu or similar (5\*) with breakfast
- Kathmandu city tour by private car/van/Hiace with English speaking guide
- Accommodation in Guest House in attached bathroom with hot and cold running shower including breakfast
- Highly experienced, licensed and English speaking guide and porters (1 porter for 2 trekkers) or necessary Yaks and their all expenses (Meals, accommodation, insurance, and other expenses of trekking crew)
- Welcome Dinner on Day 1 and Farewell Dinner with a 30 minute complimentary massage on the last day
- Company T-shirt and first-aid kit
- Necessary equipment (Sleeping bag and Duffle bags - if necessary)
- Kathmandu - Lukla – Kathmandu by plane or Helicopter (on additional charge)
- Helicopter tour (Namche-Gorakshep-Kalapathar-Lukla)
- Airfare for trekking crew
- All necessary TIMS and Permits
- All government taxes and office expenses
- Lunch and Dinner during the trip except welcome dinner
- Personal equipment and clothing
- City sightseeing entry fees in Kathmandu (NPR 200+400+1000+1000)
- Your travel insurance (Compulsory)
- Tipping to guide, porter and driver as per your satisfaction



# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

## Our Contact

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