

Bhairav Kunda Trek



Overview

Experience 10 days trekking through untouched traditional villages to reach the holy lake Bhairav Kunda. Bhairav Kunda, one of the holiest shrines for Shamans, bears the name of Lord Shiva's destructive form.

Both Hindu and Buddhist devotees travel to this holy mountain lake at a height of 4200 meters every year around the time of the Bhadra (August) Full Moon to offer respect and bathe to wash away sins.

Journey Route to Bhairav Kunda

After 5-6 hours driving from Kathmandu, the trek starts at Jalbire. We travel through a mixture of beautiful mountain scenery and the terraced fields and characteristic houses of rural villages from different ethnic groups.

You will spend your first night experiencing the 'Newari' culture of Jalbire. Your Guide will give a short talk on trekking, altitude sickness and the highlights of the trek. These include the holy Bhairav Kunda, the incredible Himalayan scenery and the life style of nomadic people unchanged by time.

Your trail winds along an old trade route between Nepal and Tibet. through a number of unspoilt Buddhist villages, past chortens and Sherpa houses. The unusual climatic and geographical mix make this area a naturalist's dream and a mecca for those who appreciate traditional cultures.

Along the trail you will experience spectacular views of mountains in Tibet and the Jugal Himal section of the Himalayan Range, which includes the peaks of Dorje Lakpa (6966), Madiya (6257M) and Phurbi Ghhyachu (6637m).

On the final day of the tour we take a bus to Kathmandu.

Highlights

- Visit the Hindus and Buddhist holy Bhairav Kunda Lake.
- Adventurous camping trek to the untouched area of the Langtang region.
- Picturesque views of Himalayan panorama ranges

- Explore the livelihood of locals and their lifestyle.
- Taking the natural hot spring in Tatopani

Outline Itinerary (13 Days)

Day 1 : Your arrival to Tribhuwan International Airport and transfer to hotel

Upon your arrival at Tribhuwan International Airport in medieval and modernized Kathmandu, you will be warmly received by our representative and transported to the hotel. Upon check-in and some refreshments, our senior mountain guide will give you a quick briefing on the Bhairav Kunda Trek.

Max Altitude Kathmandu (1,400 m)

Overnight Overnight at Himalayan Suite Hotel

Meal Dinner included

Day 2 : Full day sightseeing tour of Kathmandu valley

In Kathmandu, you visit the most renowned and revered shrine of the country: The most highly regarded and famous Hindu stupa of Nepal, Budhanath; and in Bhaktapur, the 15th-century 55-window palace; the Soyambhunath, which is the largest Buddhist stupa of Nepal and contains Buddhist and Hindu shrine. The orientation session for the trek, which begins on the following day, will be organized in the evening. Stay overnight at the hotel with breakfast included.

Max Altitude Kathmandu (1,400 m)

Duration 4-5 hrs

Overnight Overnight at Himalayan Suite Hotel

Meal Breakfast included

Day 3 : Kathmandu - Jalbire

We'll go to Jalbire after having breakfast. The journey from Kathmandu to Jalbire is around 5 hours. The location for panoramic mountain views is Jalbire. It is the birthplace of the Hindu temple of God Bishnu, on the banks of the Balephi River, rich in Newari culture. We set up our tents for the night, including all meals.

Max Altitude Jalbire (1,000 m)

Duration Drive (4-5 hrs)

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 4 : Trek from Jalbire to Chanaute

Our trek will begin early in the morning after breakfast. We pass a waterfall and some small villages of Tamang to Chanaute. It takes approximately four hours. The village of Chanaute is home to people from the communities of Chhetri and Brahmin. All meals are given overnight in tented camps.

Max Altitude Chanaute (1,345m)

Duration 4-5 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 5 : Trek from Chanaute to Khani Gaun

Our next trip is going to Khani Gaun after breakfast. Gaun is 5-6 hours away on foot from Chanaute-Khanai. The walk is a bit more difficult and steep. We will keep up steep climbs. But we can do a nice walk all along as we can see beautiful villages and rivers. Khani Gaun is a

village in Newar and the Bhaktapur indigenous people are believed to have come to save their lives during the Gorkha and Bhaktapur war.

Max Altitude Khani Gaun (2,010 m)

Duration 5-6 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 6 : Rest Day at Khani Gaon

Today after breakfast, we visit Khani village and meet the local folks and explore around. Overnight in tented camps inclusive full board meals.

Max Altitude Khani Gaun (2,010 m)

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 7 : Trek from Khani Gaun to Forest Camp

We will go uphill through the Rhododendron forest after having breakfast. The walk is about 6-7 hours. This is a perfect chance for you to catch the scenery of the rhododendron forest and also see lovely birds and plenty of wilderness.

Max Altitude Forest Camp (3,150m)

Duration 6-7 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 8 : Trek from Forest Camp to Pati

The trek today is more difficult because it takes about 4 hours to climb up. But you can enjoy the magnificent view of the pine and Rhododendron trees. We will arrive in Pati after four hours of climbing and can relax in the other houses constructed for pilgrimages in Pati. You can enjoy a magnificent view of the mountains. Tented camps and bed and breakfast are included.

Max Altitude Pati (3,765m)

Duration 5-6 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 9 : Trek from Pati to Bhairav Kunda

Bhairav Kunda is our next destination, about 3 hours walk from Pati. Next, after about 2 hours and a half, a 1-hour walk goes uphill. Bhairav is a coveted spot for faith. This place has been visited by many people from various parts of Nepal to bathe in June / July. The pilgrims also adorn the Bhairav in the temple near the lake (the destructive form of Lord Shiva).

Max Altitude Bhairav Kunda (4,250m)

Duration 3-4 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 10 : Trek from Bhairav Kunda to Sherpa Gaun

We need to start our trek early so that the sunrise from Bhairav Kund top can be exciting. We can also get breathtaking views of the luminous mountain ranges Langtang, Jugal Himal, Rolwaling and

Tibetan. In addition, the typical village of Sherpa Gaon is located at 2500 m from the top for about 6 hours.

Max Altitude Sherpa Gaun (2,500m)

Duration 6-7 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 11 : Trek from Sherpa Gaun to Larcha and visit Hot spring (Kodari Tato Pani)

We need to start our trek early so that the sunrise from Bhairav Kund top can be exciting. We can also get breathtaking views of the luminous mountain ranges Langtang, Jugal Himal, Rolwaling and Tibetan. In addition, the typical village of Sherpa Gaon is located at 2500 m from the top for about 6 hours. Stay in camp tented including BLD overnight.

Max Altitude Larcha (1,500m)

Duration 4-5 hrs

Overnight Overnight at Tented Camps

Meal Breakfast, Lunch and Dinner included

Day 12 : Drive Back to Kathmandu

We eventually return to Kathmandu after completing our journey and walking for so long. The journey back to Kathmandu is approximately 6 hours and we transfer to the hotel to have a rest and refreshment. Stay at your hotel overnight, and we have dinner and breakfast with goodbye as well.

Max Altitude Kathmandu (1,400 m)

Duration 6-7hrs

Overnight Overnight at Himalayan Suite Hotel

Meal Breakfast included

Day 13 : Departure farewell!!

Our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home.

Meal Breakfast included

Include / Exclude

- Airport pick up and drop
- Transportation by bus
- Two/ three star category hotel in Kathmandu with breakfast
- All meals and accommodations in tented camp during the trek.
- Meals, accommodations, insurance and other expenses of trekking crew.
- Tims and Permit for trekking.
- Guided sight-seeing tour in Kathmandu by car.
- All necessary equipments for the trek.
- 30min Massage at Himalayan Suite Spa
- Lunch and dinner in Kathmandu
- City sight-seeing entry fees
- Personal equipments and clothing
- Private transportation (car, van, jeep etc..)
- Your insurance and tips to the crew



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, " Ecstasy is within you, safety the first."

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