



Nepal's culture is greatly influenced by its music, architecture, religion and literature. Your first sight of Nepal may leave you speechless, the great quantities of temples, churches, monasteries and other religious buildings. Nepal has about thirty-six different ethnic groups. This cultural study and exchange programs not only exchange their culture and intermingle to each other but also provide opportunity to participate in different trekking and tours to remote and Himalayan areas with life time experience.

Day 1:

On arrival at Katmandu airport, our representative will be at airport with Vehicle and transfer to Hotel. Overnight at hotel. (D)

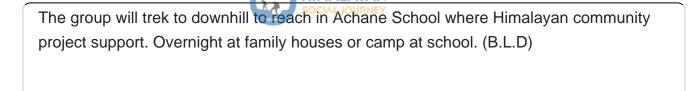
Day 2:

Kathmandu sightseeing (Swoyambhu, Bouddhanath) (B.L.D)

Day 3:

The group will wake up early morning and have breakfast. After breakfast Bus leave to Dhading Jyamrung from where we see the panoramic view of Mt Manasulu and Mount Ganesh himal. The group will stay in Gyamrung at a local house or camp in forest. (B.L.D)

Day 4:



Day 5:

Rest day in Achane by doing school programs, singing, dancing, etc. Overnight at family houses or camp. (B.L.D)

Day 6:

Group will go for fishing swimming in river and evening time see culture dance with women group. Overnight at family houses or camp (B.L.D)

Day 7:

The group will trek to Fhulkharka from where we see good view of Mt. Ganesh Himal. Overnight at family houses or camp. (B.L.D)



Day 8:

Rest Day in Fhulkharka by doing social programs in schools and other different activities like visiting buffalo, cow farms, farming places and cultural program (dancing, singing). Overnight at family houses or camp. (B.L.D)

Day 9:

Fhulkharka to Ganga Jamuna (Ganga Jamuna is view point from where you can see Mt. Ganeshhimal and Mt. Manaslu very closely. Overnight at family houses or camp. (B.L.D)

Day 10:

Ganga Jamuna to Khare. Overnight at local guest house. (B.L.D)

Day 11:

Khare to Gorkha 5/6 hrs by bus. Sightseeing in Gorkha palace. Overnight at hotel. (B.L.D)



Day '	1	2	
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Gorkha to pokhara 4/5 hours by bus. Overnight at hotel. (B)

Day 13:

Drive to Phedi and trek to Dhampus. Overnight at Hotel Greenland. (B.L.D)

Day 14:

Trek to Sarangkot. Overnight at Hotel Mountain Garden. (B.L.D)

Day 15:

Trek back to pokhara & Sightseeing & Boating in Pokhara(B.L.D)



Day 16:

Pokhara to Chitwan by bus 5/6 hours. Welcome drinks and have lunch. After lunch, we will enjoy with different programs. (Tharu village visit, Tharu cultural dance, Elephant Safari, Elephant bathing, Canoeing, Birdwatching etc..) (B.L.D)

Day 17:

Rest Day (B.L.D)

Day 18:

Chitwan to Kathmandu by bus 5/6 hours (B.L.D)

Day 19:

Interaction programs among students/ teachers with cultural programs (B.L.D)



Day 20:

Farewell departure!! (B)



Include / Exclude

- Accommodation as per Itinerary
- Experienced English speaking Guide and other necessary staffs.
- All meals as per itinerary
- Private bus/transportation,
- All activities in Chitwan (Elephat ride, Bird Watching, Tharu Cultural Dance, Jungle walk)
- Interaction and cultural programs
- Sightseeing Entry fees
- Cold and alcoholic drinks
- Lunch and dinner that are not mentioned in the itinerary
- Personal Expenses



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan," Ecstasy is within you, safety the first."

Our Contact

House No 244, Buddha Tole Marg, Kumari Club, Shorakhutte reservation@hsj.com.np +977-01-4952211, +977-9865452271(Whats app)