

# DAY HIKING IN NAGARJUN HILL



## Highlights

- Enjoy an enchanting panoramic view of Kathmandu Valley, complemented by the majestic Himalayan range.
- Explore Jamacho Monastery, which radiates spiritual significance.
- Discover the nearest hill site in Kathmandu Valley.

## Overview

Nagarjun, nestled in the lush hills surrounding Kathmandu Valley, offers a serene escape for hiking enthusiasts. As Nagarjun National Park unfolds its rich biodiversity, hikers traverse through dense forests, where rhododendron blooms paint the landscape with vibrant hues during springs. The trail, adorned with prayer flags fluttering in the breeze, leads to the ancient Nagarjun Palace, once a retreat for Buddhist monks. From its vantage point, panoramic views of the valley and the majestic Himalayas reward the weary hikers.

Throughout the journey, the rhythmic chirping of birds provides a melodic soundtrack, while occasional encounters with playful monkeys add a touch of wilderness. The hike also offers glimpses into Nepal's cultural heritage, with sacred shrines dotting the path, inviting travelers to pause and reflect.

As Nagarjun's trails wind through surroundings, hikers find solace in the simplicity of nature, rejuvenating their spirits amidst the chaos of urban life. Whether seeking a challenging trek or a leisurely stroll, Nagarjun promises an unforgettable adventure, where every step unveils the untamed beauty of Nepal's natural wonders.

# Outline Itinerary ( Days )

## Day 1 :

**Morning (7:30 AM):** Start from Kathmandu.

**Travel to Nagarjun Gate (8 AM):** Depending on your starting point, it may take around 20-30 minutes to reach the entrance gate of Nagarjun Forest Reserve.

**Hiking to Nagarjun Hill (8 AM-11 AM):** The hike to the top of Nagarjun Hill usually takes 2.5 hrs. to 3 hrs., but it can vary depending on your pace and fitness level. The trail passes through lush forests and offers beautiful views of Kathmandu Valley.

**Exploration and rest at the top (11 AM-12 PM):** Take some time to explore the surroundings (view tower, Buddhist stupa), rest and enjoy the panoramic views of the Himalayan and the city below.

**Descent (12-2 PM):** Descend back to the Nagarjun Gate which usually take around 2 hours.

**Return to Hotel (2PM -2:20 pm):** Head back to hotel by private vehicle provided by the hotel.

This itinerary allows for a comfortable hike to Nagarjun Hill with enough time to enjoy the views and explore the area while still returning to Kathmandu in the afternoon. Keep in mind that actual times may vary based on individual hiking speed and preferences. Also it is essential to check the weather forecast and trail conditions before embarking on the hike.

**Max Altitude** Kathmandu (1,400 m)

**Meal** breakfast

## **Include / Exclude**

- Transportation by car
- Experienced Guide
- National park entry fee
- Your meals (cost about \$ 3-\$ 6 per meal depending upon what and where you prefer to eat)
- Personal Expenses



# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

## Our Contact

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