

# Exclusive Upper Mustang Trip by Private Jeep



## Overview

Nestled in the breathtaking landscapes of Nepal lies the mystical region of Mustang, a land of ancient culture, spiritual heritage, and natural wonders. Among its many treasures, the sacred Muktinath Temple and the rugged terrain of Upper Mustang stand out as must-visit destinations for adventurers and pilgrims alike.

Perched on a high Plateau in the Annapurna region, Muktinath Temple holds immense significance for both Hindu and Buddhist devotees. The temple complex is a sacred pilgrimage site, with natural gas fires and 108 water spouts believed to cleanse sins and grant salvation to those who bath in them. The serene atmosphere and panoramic views of the Himalayas make Muktinath a truly spiritual experience.

For those seeking adventure and cultural immersion, a trek to Upper Mustang is an unforgettable experience. This restricted area offers a glimpse into the ancient kingdom of LO, where traditional Tibetan culture remains largely intact. Trekking through Upper Mustang, with its barren landscapes, ancient cave dwellings and majestic monasteries, feels like stepping back in time. The trek typically takes around 10-14 days, passing through picturesque villages like Lo Manthang, the walled capital of Upper Mustang. With road access to Upper Mustang, the journey from Kathmandu to Lo Manthang can now be completed in just 9 days, offering a more efficient travel experience.

Mustang is a land of contrasts, where ancient traditions coexist with modern influences, and rugged landscapes inspire awe and wonder. Whether you're drawn to its spiritual sanctuaries, architectural marvels, or breathtaking vistas, Mustang offers a journey of discovery unlike any other. So, immerse yourself in the timeless beauty of this mystical kingdom and experience the magic of Mustang to yourself.

The journey to Mustang typically begins with a flight or drive to Pokhara, followed by a scenic flight to Jomsom, the gateway to the Mustang region. From Jomsom, travelers can choose to trek or drive to Mukti Nath Temple, located at an altitude of 3710 m. Optimal time to explore Mustang are during the Spring (March to May) and Autumn (September to November), characterized by pleasant weather and

clear skies, providing ideal conditions, offering stunning views of the surrounding Himalayas.

### **Highlights**

- Marpha Village-Beautiful village with rich culture and tradition
- Kagbeni village- one of the beautiful village
- Experience the cultural richness, breathtaking landscapes, and beautiful mountains
- Opportunity to visit Muktinath Temple, a revered pilgrimage site for both Hindus and Buddhists.
- Experienced strong Tibetan cultural influences, customs language and architecture
- Chance to visit Luri Gumpa, Chosar Cave and Monasteries

***Note: Hotel upgrade option in Kathmandu and Pokhara is also available. We can upgrade the hotel category on your request.***

# Outline Itinerary ( 9 Days )

## Day 1 : Arrival in Kathmandu overnight in Himalayan Suite Hotel

Upon reaching Kathmandu, our representative will greet you at the airport, providing a warm welcome before transferring you to your hotel. Use this day to acclimate to the new time zone and dive into the vibrant atmosphere of Kathmandu. An orientation program is scheduled for 5 pm to help to get acquainted with your surroundings.

**Max Altitude** Kathmandu (1,400 m)

**Overnight** Himalayan Suite Hotel

**Meal** Dinner included

## Day 2 : Fly/ Drive to Pokhara and Pokhara sightseeing

Starting from Kathmandu, travelers typically take a scenic drive to Pokhara, the gateway to the Annapurna region. Once we arrive, we'll be greeted by the stunning sights of this picturesque city. Our day in Pokhara will be dedicated to soaking in its natural beauty and exploring all that it has to offer.

**Max Altitude** Pokhara (822m)

**Duration** 8-9 hrs

**Overnight** Lake-star

**Meal** Breakfast included

## Day 3 : Drive from Pokhara to Jomsom

Driving from Pokhara to Jomsom offers breathtaking scenery as you

traverse through the Annapurna region. Throughout the journey, keep your camera handy to capture the stunning landscapes and cultural treasures that abound in the Annapurna region. Along the route, you'll encounter charming villages inhabited by various ethnic groups such as the Gurung, Magars, and Thakali. The journey takes you through dramatic river valleys carved by the Kali Gandaki River, with towering cliffs rising on either side of road. You'll cross suspension bridges, and pass by cascading waterfalls. As you approach Jomsom, you'll pass through the village of Marpha, famous for its apple orchards. You will see ancient monasteries, prayer wheels and chortens along the way, providing insights into the spiritual heritage of the region.

**Max Altitude** Jomsom(2700m )

**Duration** Drive (7-8 hrs)

**Overnight** Guest House

**Meal** Breakfast included

## **Day 4 : Drive from Jomsom to MuktiNath , visit Dhumba Lake en route , and stay overnight in Kagbeni**

Start your journey from Jomsom toward Kagbeni, a picturesque village and from Kagbeni, continue driving towards Muktinath, a sacred pilgrims site for both Hindus and Buddhists. On the way you can visit Dumbha lake, a serene alpine lake. The roads ascend steeply, offering panoramic views of the surrounding mountains and barren landscapes. Upon reaching Mukti Nath, visit the famous Muktinath temple, includes 108 water spouts, believed to have healing properties.

**Max Altitude** Kagbeni (2800m)

**Duration** Drive 1-1.5 hour

**Overnight** Guest House

**Meal** Breakfast included

## Day 5 : Drive from Kagbeni to Lomanthang:

Depart from Kagbeni in the morning after having breakfast, from and continue driving towards Chele, the first village in the Upper Mustang region. After reaching Chele, continue driving towards Syangboche. From Syangboche, the road continues to Charang, a historic village known for its ancient Gompa(monastery). After exploring Charang, continue driving towards Lo Manthang, the capital of the former Kingdom of Lo.

**Max Altitude** Lomanthang(3840 m)

**Duration** Drive (8-9 hrs)

**Overnight** Guest House

**Meal** Breakfast included

## Day 6 : Explore Lomanthang and drive back to Jomsom:

After taking Breakfast, take some time to explore Lomanthang, which is home to numerous historic monasteries, palaces, and traditional mud-brick houses. Visit the impressive Jampa Lhakhang, Thubchen Gompa, and the imposing King's Palace. After that you can depart from Lo Manthang and drive to Korala. pass, which serves as the boarder crossing between Nepal and China. Korala Pass offers excellent opportunities for photography, with its sweeping vistas of snow-capped peaks, dramatic valleys. After exploring Korala pass, begin your journey back to Lo Mangthang. You can have your lunch there and drive back to Jomsom. On the way you will see Chosar cave Monastery, Namgyal Gompa and the picturesque village of Tingkhar and Chosser.

**Max Altitude** Jomsom (2700m)

**Duration** Drive (8-9 hrs)

**Overnight** Guest House

**Meal** Breakfast included

## Day 7 : Drive back to Pokhara and explore Marpha Vilage on the way

Depart from Jomsom in the morning and head towards Marpha, a charming village famous for its apple orchards and traditional whitewashed houses. Upon reaching Marpha, you'll be greeted by the sweet aroma of ripe apples and the sight of lush green orchards stretching as far as the eye can see. Also explore the narrow alleyways and winding streets of Marpha, lined with traditional Tibetan-style houses adorned with prayer flags and intricate woodcarvings. Visit the ancient monasteries and gompas (Buddhist shrines) in around Marpha, including the beautiful Thubchen Gompa and the Kani Gompa. After exploring Marpha and its surroundings, continue your journey back to Pokhara following the same route. Arrive back in Pokhara in the evening and you can relax.

**Max Altitude** Pokhara (822m)

**Duration** Drive (7-8 hrs)

**Overnight** Lake-star

**Meal** Breakfast included

## Day 8 : Drive/ Fly back to Kathmandu

After breakfast, we'll be prepared to journey back to Kathmandu. The most convenient and fastest way to travel from Pokhara to Kathmandu is by flight, which takes around 25-30 minutes. Alternatively, we can take a bus, which typically takes around 6-8 hours depending on the traffic and road conditions.

**Max Altitude** Kathmandu (1400m)

**Duration** Drive (7-8 hrs)

**Overnight** Himalayan Suite Hotel

**Meal** Breakfast included

## Day 9 : International Departure

Use your last morning in Kathmandu according to your flight time. Pack your things, check out of the hotel, Head to Tribhuvan International Airport for your departure. Wishing you a safe and pleasant journey back home

**Max Altitude** Pokhara (822 m)

**Duration** Drive (7-8 hrs)

**Overnight** Hotel Lake Star or Similar

**Meal** Breakfast included

## Day 10 : Drive back to Kathmandu or by flight (flight is an optional)

**Max Altitude** Kathmandu (1,400 m)

**Duration** Drive (7-8 hrs)

**Overnight** Himalayan Suite Hotel

**Meal** Breakfast included



## Include / Exclude

- Airport pick up & drop
- Transportation private jeep as per the program
- Accommodation in Kathmandu and Pokhara including breakfast
- Accommodation in Lodge with breakfast during the Mustang tour
- English Speaking Guide and his expenses
- Company T-shirt
- Sleeping bags and duffel bags-if required
- Tims and National Park fees
- Thirty minute massage and Sauna or steam at Himalayan Suite Spa
- Office expenses and all government taxes
- Lunch and dinner during your trip (meals cost \$10-\$20 per day)
- Kathmandu - Pokhara - Kathmandu flight ticket (US \$120PP- one way)
- Cold drinks and beverages
- Your travel insurance (Compulsory)
- Personal expenses and tips to the crew
- Cost incidental to any change in the itinerary / stay on account of flight cancellation due to bad weather, ill health, and road block and / or any factors beyond our control.



# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, " Ecstasy is within you, safety the first."

## Our Contact

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