



# **HISTORY OF NEPAL STUDY PROGRAM**

History Of Nepal would be a tour of the country's rich and diverse historical heritage sites and land marks such as; Swayambunath, Boudhanath, Pashupatinath, Kathmandu Durbar square, Patan Durbar square, Bhaktapur Durbar square, Lumbini (the birthplace of the lord Bhudda), and Gorkha (the seat of the founding king of Nepal).

# Outline Itinerary ( 23 Days )

## Day 1 :

The group arrives at the Kathmandu airport and is shuttled to a hotel where they will stay the night. After an hour or so of rest, the group will be guided to Swayambu where they will learn about the history of the Swayambunath stupa and monasteries. (BLD)

## Day 2 :

The group spend some days in the Kathmandu valley studying at landmarks such as; Pashupati, Patan, Bhaktapur, KTM Durbar Square, Boudhanath, Kirtipur, Lalitpur, and the Narayanhiti Royal Palace Museum. (BLD)

## Day 3 :

The group stays in Koshi Tappu for the researching and studying the jungle of eastern Nepal. Canoeing on the rivers throughout Koshi Tappu and bird watching will be the main activities. (BLD)

## **Day 4 :**

The group will travel to Janakpur, the home of the palace of Janak, father of Sita. We will stay the night here. (BLD)

## **Day 5 :**

The group will spend the day in Janakpur. (BLD)

## **Day 6 :**

We will travel to Lumbini, birthplace of the Lord Buddha, and stay the night here. (BLD)

## **Day 7 :**

The group will spend the day in Lumbini researching Buddhist history. (BLD)

**Day 8 :**

The group will travel from Lumbini to Tansen, Palpa, site of a Nepali royal palace. (BLD)

**Day 9 :**

The group will spend the day in Tansen.(BLD)

**Day 10 :**

The group will spend the day in Tansen.(BLD)

**Day 11 :**

The group will travel from Tansen to Pokhara. After checking in to the hotel in Pokhara, the group will attend a lesson led by a Buddhist monk, and the students will be able to ask questions about Buddhist history. (BLD)

## **Day 12 :**

The group will visit historical sites in Pokhara such as a royal palace, Hindu temples, Buddhist monasteries and stupas, and the world peace pagoda. (BLD)

## **Day 13 :**

The group will visit historical sites in Pokhara such as a royal palace, Hindu temples, Buddhist monasteries and stupas, and the world peace pagoda. (BLD)

## **Day 14 :**

The group will take a day hike out of Pokhara to Sarangkot, a historical site where they will also be rewarded with breathtaking views of the Himalaya. (BLD)

## **Day 15 :**

Bus ride from Pokhara to Gorkha. (BLD)

## **Day 16 :**

The group spends the day in Gorkha visiting historical sites such as; Palaces, temples, and castles (BLD)

## **Day 17 :**

The group spends the day in Gorkha visiting historical sites such as; Palaces, temples, and castles (BLD)

## **Day 18 :**

The group spends the day in Gorkha visiting historical sites such as; Palaces, temples, and castles (BLD)

## **Day 19 :**

The group spends the day in Gorkha visiting historical sites such as; Palaces, temples, and castles (BLD)

## **Day 20 :**

The group spends the day in Kathmandu and has a lesson with Hindu priests where they will learn Hindu history. The group will spend one of these days, studying cultural history at the Kathmandu cultural centre and they will attend a cultural history class here (BLD)

## **Day 21 :**

The group spend the day in Kathmandu and has a lesson with Hindu priests where they will learn Hindu history. The group will spend one of these days, studying cultural history at the Kathmandu cultural centre and they will attend a cultural history class here (BLD)

## **Day 22 :**

The group will spend the day reviewing their work and studies and attend a traditional dinner and dance called a chulo. (BLD)





HIMALAYAN  
SOCIAL JOURNEY

## Day 23 :

Departure from the KTM airport. Farewell!!! (B)

## **Include / Exclude**

- Accommodation as per Itinerary
- Experienced English speaking Guide and other necessary staffs.
- All meals as per itinerary
- Private bus/transportation,
- All activities in places mentioned
- Interaction and cultural programs
- Sightseeing entry fees
- Cold and alcoholic drinks
- Lunch and dinner that are not mentioned in the itinerary
- Personal Expenses



# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

## Our Contact

House No 244, Buddha Tole Marg, Kumari Club, Shorakhutte

[reservation@hsj.com.np](mailto:reservation@hsj.com.np)

+977-01-4952211, +977-9865452271 (Whats app)