

# Kathmandu Local Food Hunt Tour



## Highlights

- Boasts a rich culinary heritage with a variety of delicious local foods
- Offers a diverse array of delicious dishes influenced by its multicultural population and geographical location
- Discover different varieties of foods
- Create lasting memories to share with friends and family, enhancing overall travel experience in Kathmandu

## Overview

Kathmandu, the vibrant capital of Nepal, is a haven for food enthusiasts eager to explore its rich culinary tapestry. Embarking on a local food hunt in Kathmandu is a tantalizing adventure, offering a delightful fusion of flavors, aromas, and traditions.

Start your gastronomic journey with momos, Nepal's beloved dumplings, found in bustling street stalls and cozy eateries alike. Indulge in varieties like steamed, fried momos for an authentic taste of the region. For a heartier meal, savor dal bhat, Nepal's staple dish comprising lentil soup, rice, and a selection of sides like vegetables, pickles and meat.

As you navigate the narrow alley of Kathmandu, don't miss the opportunity to taste Newari authentic foods. Popular Newar dishes include Bara, Chatamari, Yomari, Samaybaji etc. This cuisine not only delights the taste buds but also serves as a testament to the rich cultural heritage of Newar community.

While talking about dessert, one of the most beloved Nepali desserts is Selroti. Another iconic Nepali dessert is Juju Dhau "king curd". Gudpak is another Nepali dessert offer a taste of the country's rich culinary heritage and are sure to leave a lasting impression on your palate.

In Kathmandu, every meal is an adventure, promising to tantalize your taste buds and leave you craving more of Nepal's culinary delights.

# Outline Itinerary ( Days )

## Day 1 :

Our guide will meet you at the designated meeting point and lead you to the bustling streets, where you'll discover an array of authentic Nepali cuisine. This experience goes beyond just tasting delicious dishes; it provides insights into Nepali culture and diversity.



HIMALAYAN  
SOCIAL JOURNEY

## **Include / Exclude**

- Hotel pick-up and drop-off
- Different varieties of foods
- English-Speaking Guide
- Tour to Local market
- Alcoholic Beverages
- Anything that is not mentioned in the inclusion



# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

## Our Contact

House No 244, Buddha Tole Marg, Kumari Club, Shorakhutte

[reservation@hsj.com.np](mailto:reservation@hsj.com.np)

+977-01-4952211, +977-9865452271 (Whats app)