

Luxurious Everest Base Camp Trek With Heli Ride (Pheriche-Lukla)



Highlights

- Experience the exhilaration of trekking to Everest Base Camp.
- Trek up to 5545m through spectacular scenery.
- Informative guides to uncovering the history of mystical sights
- Breathtaking views of the Everest region
- Everest, Lhotse, Nuptse, Changtse, Ama Dablam, and scores of other lesser crests seen from a peaked vantage point
- Suitable for people aged over 14 and below 65
- A guided tour of Kathmandu's ancient temples
- Last one-night stay at the five-star Winddown Gokarna Forest Resort, Kathmandu, with buffet breakfast, dinner, and spa treatments
- Lifetime Experience on a thrilling helicopter ride from Pheriche to Lukla.

Overview

The Himalayan Social Journey offers a luxurious alternative for travelers interested in a trip to Everest Base Camp called "A Luxury Trip to Everest Base Camp with Heli Flight." This option is designed for those who cannot allocate the full 16 days or prefer not to trek back along the same trail. Many Everest Base Camp trekkers express a desire for an alternative return route. Thus, this 12-day luxury trek with a helicopter ride from Pheriche to Lukla is offered as a solution. Why spend 16 days when the same trip can be completed in 12?

With this luxury trip, travelers can avoid the hassle of descending along the same trail while still enjoying the astonishing mountains, flora, and fauna of Sagarmatha National Park. The highlight of the journey is the helicopter ride, which takes you above the Everest Mountain Range, providing a breathtaking experience. Suspended in awe above the mountain peaks, you will feel a sense of divinity as your breath and blood momentarily stop. This trip is a must-do for anyone visiting Nepal.

Optional: For all the helicopter enthusiasts, you now have the option to take a luxurious and adventurous helicopter flight from Kathmandu to Lukla and back from Lukla to Kathmandu by paying an extra USD 250 PP one way. With this, you no longer have to worry about flights being delayed or canceled, which can

happen every now and then due to bad weather.

Journey

Our Everest Base Camp Trek with Luxury Heli ride back to Lukla starts with a touring voyage through the chronicled and social landmarks in Kathmandu—the sanctuaries, holy places, gompas, stupas, bazaars, boulevards, and landmarks. The following day, head for an intriguing mountain trip to Hillary Airport at Lukla, likewise highlighted in the National Geographic. Further, it will be a precarious rise to Namche Bazaar, the capital of the Sherpas, where we are welcomed by terrific mountain vistas. We proceed with our trek, following the trail to an acclaimed vantage point, Kala Patthar, which offers a wonderful 360-degree display of the Himalayas. In the wake of accomplishing our objective of Everest Base Camp, we fly down from Pheriche to Lukla on a helicopter for an arrival trip to Kathmandu.

Outline Itinerary (12 Days)

Day 1 : Arrival to Kathmandu Airport

Your arrival at Tribhuvan International Airport and transfer to the hotel. Orientation is in the evening at around 5 p.m. In the evening, welcome dinner at the hotel's restaurant.

Max Altitude Kathmandu (1,400 m)

Overnight Himalayan Suite Hotel

Meal Dinner included

Day 2 : Kathmandu to Lukla by flight or helicopter and trek to Phakding

Early morning ride to Lukla by domestic flight, which is the gateway to the Khumbu region, to start the trek. The trek starts from the very day to the uphill up to Phakding, stopping at Phakding and staying there.

Max Altitude Lukla (2,840 m), Phakding (2,600 m)

Duration 3-4 hrs

Overnight Namaste Guest House/ Sherpa Shangrila Hotel

Meal Breakfast included

Day 3 : Trek to Namche Bazaar from Phakding

Early in the morning, after breakfast, we start our journey through a pine forest and walk alongside the Dudh Koshi and Bhoté Koshi rivers. We ascend on a steep trail and reach Namche Bazaar (5–6 hours),

which is probably the biggest town in the Everest region.

Max Altitude Namche Bazaar (3,535 m)

Duration 5-6 hrs

Overnight Hotel Sherpaland

Meal Breakfast included

Day 4 : Acclimatization day in Namche Bazaar

To avoid altitude sickness, we need to acclimate in Namche Bazaar. Namche Bazaar is the most beautiful and primary town in the Everest region. The place is occupied with a colorful market with ATMs, government offices, shops, restaurants, and so on.

Max Altitude Namche Bazaar (3,535 m)

Overnight Hotel Sherpaland

Meal Breakfast included

Day 5 : Trek to Tengboche from Namche Bazaar

From here, we ascend towards Tengboche village, which houses the very famous Tengboche monastery, which is the biggest monastery in the Everest region.

Max Altitude Tengboche (3,850 m)

Duration 5-6 hrs

Overnight Rivendell Guest House

Meal Breakfast included

Day 6 : Trek to Dingboche from Tengboche

Our trail descends and passes through lush forests of birch, conifer, and rhododendron trees. While trekking, we can admire good views of Mt. Everest, Lhotse, and Ama Dablam. We continue our walk to the Imja Valley and Lobuche River before ascending to Dingboche.

Max Altitude Dingboche (4,350 m)

Duration 5-6 hrs

Overnight Mountain Paradise

Meal Breakfast included

Day 7 : Acclimatization in Dingboche

Spending a day in Dingboche will help us acclimate to the high altitude. We can also admire the picturesque Imja Khola Valley and the beautiful Dingboche village.

Max Altitude Dingboche (4,350 m)

Overnight Mountain Paradise

Meal Breakfast included

Day 8 : Trek to Lobuche from Dingboche

We ascend to the steep terminal moraine of the Khumbu Glacier. As

the trail drops to the Khumbu Glacier moraine, we find ourselves facing several great peaks, including Khumbutse, Lingtren, Pumori, and Mahalangur Himal.

Max Altitude Lobuche (4,940 m)

Duration 5-6 hrs

Overnight Sherpa Guest House

Meal Breakfast included

Day 9 : Trek to Gorakshep and hike about 2-3 hour to Everest

The trek to Everest Base Camp is not very difficult. However, we ascend and descend mostly on a glacier path. The Everest Base Camp is stunningly beautiful. We can enjoy amazing views of the Nuptse, Khumbutse, and Pumori mountains from the base camp. After soaking in the beauty, we walk back towards Gorak Shep, where we spend the night.

Max Altitude Gorakshep (5,160 m), EBC (5,364 m)

Duration 5-6 hrs

Overnight Buddha Guest House

Meal Breakfast included

Day 10 : Hike to Kalapathar, trek down to Pheriche and fly to Lukla by Helicopter

The day's first light will illuminate your spectacular view of Nuptse Cholatse and Lhotse. This may be the most opportune moment of the whole journey to snap amazing pictures of Everest and its neighboring peaks. Afterward, trek down to Pheriche (a 4-5 hour walk) and fly back to Lukla by helicopter. We assure you that you will have the most

memorable flight with the spectacular mountain view from Heli. Your Heli stopovers at Lukla.

Max Altitude Kalapathar (5,545 m)

Duration 4-5 hrs

Overnight Mera Lodge.

Meal Breakfast included

Day 11 : Fly back to Kathmandu from Lukla by plane or helicopter and Kathmandu Sightseeing tour

After the continuous trekking for 9 days, finally, you will catch the early morning flight to Kathmandu from Lukla. After reaching the Kathmandu, the airport representative escorts you to the hotel and after lunch, sightseeing tour of Kathmandu valley in various sites which have been listed in the World Heritage Sites by UNESCO (Pashupatinath Temple, Boudhanath, Swoyambhu and Patan Durbar Square).

Max Altitude Kathmandu (1,400 m)

Overnight Gokarna Forest Resort/ Hyatt Place Kathmandu

Meal Breakfast and Dinner included

Day 12 : Departure or join an extra tour

You will have breakfast in the morning. Our airport representative will drop you off at the airport for your international flight as per your flight schedule. Or if you are staying in Nepal for a few more days, you can join another trip.

Meal Breakfast included

Include / Exclude

- Airport Pickup & drop
- Accommodation in Kathmandu at Himalayan Suite Hotel and Gokarna Forest Resort/ Hyatt Place Kathmandu or similar 4/5 star category in twin sharing basis including breakfast and dinner
- Helicopter escort from Pheriche - Lukla
- Kathmandu city tour by private car/van/Hiace with English speaking guide
- Accommodation in Luxurious lodge during the trekking days with breakfast (4 nights attached bathroom with hot running shower - Up to Namche)
- Highly experienced, licensed and English speaking guide and porters (1 porter for 2 trekkers) or necessary Yaks and their all expenses (Meals, accommodation, insurance, and other expenses of trekking crew)
- Welcome and Farewell dinner with a 30-minute complimentary massage on the last day
- Sagarmatha National Park permit & trekking entry fees
- First Aid Kit
- Company T-shirt
- City sightseeing entry fees in Kathmandu
- Necessary equipment (Sleeping bag and Duffle bags - if necessary)
- Domestic Flight KTM-LUA-KTM
- Airfare for trekking crew
- All government taxes and office expenses
- Lunch and dinner in Kathmandu and trekking days.
- Personal equipment and clothing
- International flight ticket (We can help you to book)
- Your travel insurance (Compulsory)
- Tipping to guide, porter and driver as per your satisfaction
- Optional Heli Ride (KTM-LUA-KTM)



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

Our Contact

House No 244, Buddha Tole Marg, Kumari Club, Shorakhutte

reservation@hsj.com.np

+977-01-4952211, +977-9865452271 (Whats app)