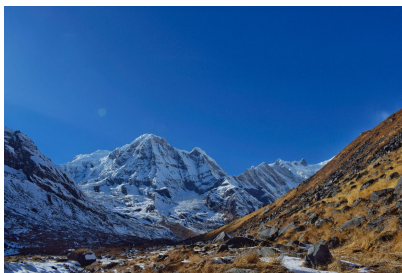


Mardi Himal Base Camp and Annapurna Base Camp Trek



Overview

Trekking in the Annapurna region of Nepal is made spectacular and diverse by the Mardi Himal Base Camp and Annapurna Base Camp combo. Trekkers can see a unique blend of landscapes, cultures, and magnificent views of the Himalayas on a trek that combines the well-known Annapurna Base Camp route with the lesser-known Mardi Himal.

The rough terrain and trail lead us to the Mardi Himal Base Camp and then to the Annapurna Base Camp, where we can take in a beautiful view of the Mardi Himal, Fishtail, and Annapurna mountains.

Overall, this combined trek delivers an amazing experience, highlighting the range of landscapes, cultural experiences, and breathtaking views that the Annapurna region has to offer.

Highlights

- Stunning View Mount Dhaulagiri (8,167m) and Annapurna I ranges (8,091m)
- Trek through Rhododendron and Oak Forest
- Makes a terrific gift to the adventure-seeking person in your life
- Experienced local guide bestows knowledge on Nepali culture and traditions
- Trek to Annapurna Base Camp at the altitude of 4130m
- Watch in the awe, Nature's splendour, take in the view of Hiunchuli Khangsar
- Capture breath-taking views of mighty Kang, Gangapurna, Mahhapuchhare, and Annapurna III.

Outline Itinerary (15 Days)

Day 1 : Arrival Day

You will arrive in Tribhuvan International Airport and meet your Himalayan Social Journey's Guide. Arrival in Kathmandu airport, transfer to hotel. Overnight at Himalayan suite hotel. (D)

Max Altitude Kathmandu (1,400 m)

Overnight Himalayan Suite Hotel

Meal Dinner included

Day 2 : Drive to Pokhara

After early breakfast, you will take an early bus to Pokhara. The drive is scenic and about 5-6 hours. Overnight at Hotel Dandelion or Hotel Lake Star in Pokhara. (B)

Max Altitude Pokhara (822 m)

Duration 5-6 hrs

Overnight Hotel Lake Star

Meal Breakfast included

Day 3 : Drive to Pothana and trek to Forest Camp

Early morning drive to Pothana (2100M) approx. 2 hrs by private vehicle (Jeep / Bus). From Pothana, you trek starts officially. This day provides a steep climb through the Rhododendron, birch, oak, maple, hemlock, and daphnia for most of the day, all of which are the high glaciers at a distance from one of the highest Himalaya peaks-South-Annapurna. Occasionally we will get glimpses of the rich wildlife; many of us live in this thick forest, including leopards, goats, monkeys, and

many bird species. If you go up to the Low Camp from the hills, then with its top in form of a fishtail, the holy Machepuchhare rises before you, its lower sides covered by the Mardi-Himal ridge now evident as a mountain different from the Fishtail range.

Max Altitude Forest Camp (8,530 m)

Duration 5-6 hrs

Overnight Forest Camp Guest House

Meal Breakfast included

Day 4 : Trek to Badal Danda

Trek to Badal Danda approx. 5 hrs. The view of Mt Fishtail and Mardi Himal appears far better. You would be walking mostly from the grasslands. The vision of lower Himalayan layers and the soft valley toward the south takes you back to a bright blue sky.

Max Altitude Badal Danda (3,210 m)

Duration 5 hrs

Overnight Badal Danda Guest House /Lucky View Guest House

Meal Breakfast included

Day 5 : Trek to High Camp

We will start on the Mardi Himal top, leaving the Badal Danda, for 4-5 hours walking. We walk incredibly high to Mardi's edge with a magnificent view of the Mardi Himal and the Machapuchhre. After 1.5 hours we can get to the Middle Camp via Rhododendron timberlands. The tree lines tend to be narrower and the field is mostly made up of shrubs with restricted pathway rhododendron. We also see "Daphne" (National bird of Nepal) on our way to a camp if you are lucky enough. We're heading up to the high house, the last target of the day.

Max Altitude High Camp (3,580 m)

Duration 5-6 hrs

Overnight Hotel Namaste /Hotel Trekker's Paradise

Meal Breakfast included

Day 6 : Hike to Mardi Himal Base Camp and trek down to Low Camp

We walk towards the High Camp at the beginning of the day early in the morning, after getting breakfast, to our main destination-the Mardi Base Camp-at last. The Mardi Base Camp takes about 5 hours. At the base camp, we will enjoy the breathtaking scenery of the tropical flora and fauna and snowy mountains. We are going to spend some time visiting the glamorous Himalayas and the mountainous mountains.

Max Altitude Mardi Base Camp (4,500m)

Duration 5-6 hrs

Overnight Low Camp Guest House / Sunrise Guest House

Meal Breakfast included

Day 7 : Trek to Jhinu Danda

We will spend some time there exploring the gleaming Himalayas and snowy landscape. After spending some great time enjoying the beautiful scenes of Himalayas and capturing some beautiful memories and trek to Siding Village. From Siding, you will trek to Landruk and reach our final destination for today that is Jhinu danda. The last part of the trail is steeply up to Jhinudanda.

Max Altitude Jhinu Danda (1,780m)

Duration 7-8 hrs

Overnight Jhinu Danda Guest House

Meal Breakfast included

Day 8 : Trek to Doban

Trekking forward from the Jhinu Danda we will cross the Chommrong, and our next destination is a beautiful village of Doban. We enter the green forest through the stone steps of Homrong Hola and then uphill to the village of Doban, through the thick bamboo and rhododendron trees.

Max Altitude Doban (2,500 m)

Duration 7-8 hrs

Overnight Hotel Himalayan

Meal Breakfast included

Day 9 : Trek to Deurali

You trek gently & ascend through bamboo forests with varieties of rhododendron and oak trees. Now you pass through the muddy trail which traverses high above the river. It takes approximately 3 and half hours to reach Deurali (3230m.) from Doban. (Optional: You can also hike upto Machhapuchhre Base Camp from Doban.)

Max Altitude Deurali (3,200 m)

Duration 4-5 hrs

Overnight Guest House

Meal Breakfast included

Day 10 : Trek to Annapurna Base Camp

On this day, we finally arrive to our ultimate destination. At the altitude of 4130m, we shall have walked 6-7 hours to reach the Annapurna Base Camp. To reach here we pursue an itinerary through the narrow gorge Modi Khola glacier valley, which takes us to Annapurna's base camp, at the foot of Machhapuchhre. The Annapurna glaciers are not far away.

The Base Camp in Machhapuchhre gives us amazing views of the nearby mountains. From Hiunchuli, past Annapurna South to Annapurna I (8097m/26,566 ft) and Khangsar Kang, Gangapurna, Annapurna III and Machhapuchhare we have an impressive 360 grade view.

Max Altitude Annapurna Base Camp (4,130 m)

Duration 7 hrs

Overnight Annapurna Sanctuary Lodge

Meal Breakfast included

Day 11 : Trek to Bamboo

Early in the morning after a warm breakfast, we can see mesmerizing sunrise views and return to Bamboo from Annapurna Base Camp and do an overnight at the lodge. (B)

Max Altitude Bamboo (2,335 m)

Duration 4-5 hrs

Overnight Guest House

Meal Breakfast included

Day 12 : Trek to Jhinu Danda

The path is descending up to Bamboo passing through forests with varieties of rhododendron, oaks and bamboo plants. After Bamboo, the trail goes steeply up to the Kuldi Ghar and now the trail is quite flat until we reach Sinuwa. We trek gradually descending to the Chomrong Khola and we go up a stone staircase which you think will never end for almost an hour till we reach Chomrong. The last part of the trail is steeply down to Jhinudanda. From the town, you walk down for 20 minutes to reach Hot Spring at the bank of the Modi Khola. You can unwind yourself at the hot springs & pamper your body with a hot bath. Stay overnight at lodge. (B)

Max Altitude Jhinu (1,780 m)

Duration 4-5 hrs

Overnight Guest House

Meal Breakfast included

Day 13 : Trek down to Ghandruk Phedi and drive to Pokhara

Today after breakfast, we will drive to reach Pokhara. You can enjoy the views of beautiful landscapes along the drive back from Jhinu. We drive to Pokhara via jeep which is considered one of the best and most relaxing spaces after the trekking.

Max Altitude Pokhara (822 m)

Duration 3-4 hrs

Overnight Hotel Lake Star

Meal Breakfast included

Day 14 : Drive back to Kathmandu

After breakfast drive or fly back to Kathmandu (flight is optional).

Evening farewell dinner with cultural program. Overnight at Himalayan Suite Hotel. (B)

Max Altitude Kathmandu (1,400 m)

Duration 5-6 hrs

Overnight Himalayan Suite Hotel

Meal Breakfast included

Day 15 : Departure

After breakfast transfer to airport for Departure!

Meal Breakfast included

Include / Exclude

- Airport pickup & drop
- Accommodation at Himalayan Suite Hotel in Kathmandu, Hotel Dandelion or Hotel Lake Star in Pokhara in twin sharing bed and breakfast basis
- Private transportation Pokhara – Pothana and Ghandruk Phedi – Pokhara
- Meals, accommodation, insurance, and other expenses of the trekking crew (guide and porters) two people will have one porter and highly experienced English speaking guide
- Simple accommodation with breakfast during the trek
- Trekking Permit & TIMS
- Necessary equipment during the trek (Sleeping bag, duffle bag if necessary)
- All Government taxes, VAT, and service charge
- Personal equipment and clothing
- Accommodation in Pokhara
- Lunch & dinner during the trekking days. (Meal costs about \$4 - \$7 dollar per item depending on the place where you eat)
- Travel insurance (Highly Recommended)



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

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