



MARKHA VALLEY TREK



Ladakh really is a "Little Tibet". Although Tibet is politically part of China today, Ladakh, like parts of Nepal, is situated on the Tibetan plateau. Ladakh has many Tibetan refugees who fled Tibet with the invasion from China. The daunting height of the Himalaya adds to its isolation, even today the main road routes to Ladakh remain closed for more than six months of each year. Until 1979, there were no regular civilian flights into Ladakh so from October to June the region was completely cut off.

Today, it is full of amazing sights - strange gompas perched on soaring hilltops, dwarfed by snow capped mountains, the barren shattered looking landscapes splashed with small, brilliant patches of green and ancient palaces clinging to sheer rock walls. But most of all it is notable for its delightful people - friendly as only Tibetans can be and immensely colorful.

One of the most popular trek in Ladakh – it is a perfect combination of beautiful transhimalayan landscape with ladakhi villages. There are good chances to spot some high altitude wildlife.

Outline Itinerary (9 Days)

Day 1 : Fly Delhi – Leh (3500m)

Day 2 : Monastery visits in Leh (3500m)

Day 3 : Drive Leh to Chilling and trek to Skiu (3400m) 4-5hrs

Day 4 : Trek Skiu to Markha (3700m) 5-6hrs

Day 5 : Trek Markha to Thachungtse (4150m) 5-6hrs

**Day 6 : Trek Thachungtse to Nimaling
(4720m) 3-4hrs**

**Day 7 : Trek Nimaling to Shang
Sumdo(3660m) over the Kongmaru La
(5130m) 6-7hrs**

Day 8 : Drive Shang Sumdo to Leh. 2-3 hrs

Day 9 : Fly Leh to Delhi

Include / Exclude

- Twin Share accommodation for 4 nights at Guest House in Leh
- Twin Share accommodation for 4 nights at Guest House in Leh
- All meals on the trip
- Monastery Entry fees, Camping fees
- Full board camping arrangements on the mountain with a large mess tent, tables & stools
- White Magic Trip Leader assisted by certified, experienced, English-speaking guides
- Mules for portorage of personal and group luggage
- All Transport as per the itinerary above
- Delhi-Leh-Delhi Airfare
- Sleeping Bag & Items of personal clothing
- Personal climbing equipment
- Air Fares, Visas, Insurance, Airport taxes, laundry, phone calls, beverages and bottled water, souvenirs and other expenses of a personal nature.
- Tips for guides, cooks & muleteers
- Any costs arising out of unforeseen circumstances such as bad weather, landslides, road conditions and any other circumstances beyond our control



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

Our Contact

House No 244, Buddha Tole Marg, Kumari Club, Shorakhutte

reservation@hsj.com.np

+977-01-4952211, +977-9865452271 (Whats app)