

# NEPAL AND BHUTAN CULTURAL TOUR



This is a package very suitable for those traveler who wants to have both experience Nepal and Bhutan of mysterious culture of Kathmandu valley, visit the medieval art & culture, artistic palace, breath taking scenery of sun rise over Himalaya as well as the magnificent mountain view including Mt. Everest.

Bhutan cultural Touring includes traveling by vehicle through the Bhutanese countryside, with optional walks and day hikes to visit temples, monasteries and villages. Culture tour also include visiting museum, handicraft shops and weekend market where you will be introduce to Bhutanese food and eating habit. This tour will introduce you to Bhutan and its unique culture and tradition. Cultural tours are an excellent way to experience the people and culture of Bhutan. Each night, one stays in comfortable guesthouses or well done small hotels. While not as demanding as trekking, these trips are well suited for those travelers who wish to learn about Bhutan's culture and environment without the physical demands of trekking.

# Outline Itinerary ( 11 Days )

## Day 1 : Arrival Day

Upon your arrival in Kathmandu, our representative will meet you at Tribhuvan International Airport, extend a warm welcome, and transfer to your hotel. Take advantage of this day to adjust to the new time zone and immerse yourself in the lively atmosphere of Kathmandu. Orientation Program will be at 5 PM. After orientation program welcome Dinner at a local restaurant

**Max Altitude** Kathmandu (1,400 m)

**Overnight** Himalayan Suite Hotel

**Meal** Dinner

## Day 2 : Full day Sightseeing of Kathmandu Valley

After early breakfast, Kathmandu sightseeing tour (Swoyambunath Stupa, Bouddhanath, Pashupati Nath Temple, and Patan Durbar Square).

**Duration** 5-6 hrs

**Overnight** Himalayan Suite Hotel

**Meal** Breakfast

## Day 3 : Rafting in Trishuli River

After having the breakfast at the hotel of Kathmandu, we will drive towards the Trishuli River enjoying the en route beauty. After about 2-3 hours' drive through the main trail, we will reach the Malekhu; situating

75 Km away from Kathmandu and will begin to raft for about 3 – 4 hours and will rest the night at Trishuli Riverside Resort or similar in the bank of the river in the tented camp.

**Max Altitude** Charaudi (492 m)

**Duration** Drive (2-3 hrs), Raft (3-4 hrs)

**Overnight** Trishuli Riverside Resort

**Meal** Breakfast, Lunch and Dinner

## Day 4 : Drive to Chitwan

After breakfast, start your journey to Chitwan by drive (3 hrs) on a tourist bus and transfer to hotel, welcome drinks. After Lunch Elephant Safari, Evening walk to Tharu Village dinner and Tharu cultural show.

**Max Altitude** Chitwan (415 m)

**Duration** Drive ( 3-4 hrs)

**Overnight** Hotel Parkland or similar

**Meal** Breakfast, Lunch and Dinner

## Day 5 : Drive to Pokhara

Early morning go for bird watching and after breakfast drive to Pokhara 4-5 hours. In the evening visit Taal Barahi temple and stroll at Lakeside area by your own.

**Max Altitude** Pokhara (822 m)

**Duration** 4-5 hrs

**Overnight** Mount Kailash Resort or Similar

**Meal** Breakfast

## Day 6 : Drive to Sarangkot and Half day Pokhara Sightseeing

Early morning, drive to Sarangkot for the marvelous sunrise view over the Himalayas and enjoy the magnificent view of mountains including Annapurna ranges, Fishtail Himal, Manaslu range, Ganesh Himal range etc. Return to Pokhara hotel and after breakfast sightseeing tour in Pokhara (Davis falls, Gupteshor cave, World peace pagoda and Pumdikot and Tibetan Refugee Camp).

**Max Altitude** Pokhara (822 m),

**Overnight** Mount Kailash Resort or similar

**Meal** Breakfast

## Day 7 : Drive back to Kathmandu

After the early breakfast, drive back to Kathmandu on a tourist bus. Transfer you to the Kathmandu Hotel.

**Max Altitude** Kathmandu (1,400 m)

**Duration** Drive (5-6 hrs)

**Overnight** Himalayan Suite Hotel

**Meal** Breakfast

## Day 8 : Departure to Paro

Arrival at Paro airport and Pick up by our representative and drive to Thimpu.

**Max Altitude** Paro (2,200 m)

**Overnight** Hotel

**Meal** Breakfast, Lunch and Dinner

## Day 9 : Thimpu Sightseeing

Sightseeing Thimpu Visit hospital of traditional medicine, Memorial

Chorten and National library, handicrafts centers and the school of Thangka painting.

**Max Altitude** Thimpu (2,334 m)

**Overnight** Hotel

**Meal** Breakfast, Lunch and Dinner

## Day 10 : Drive back to Paro

Drive from Thimpu to Paro. In the morning drive to Paro and sightseeing of the fortified tower of Ta Dzong, ruins of Drugyel Dzong and Kyichu Temple of 7th century.

**Max Altitude** Paro (2,200 m)

**Overnight** Hotel

**Meal** Breakfast, Lunch and Dinner

## Day 11 : Fly back to Kathmandu

After breakfast, drive to Paro International airport and fly to Kathmandu. In the evening farewell dinner at hotel's restaurant.

**Max Altitude** Kathmandu (1,400 m)

**Overnight** Himalayan Suite Hotel

**Meal** Breakfast

## Day 12 : Departure

After breakfast our representative will transfer you to the airport for your departure.

**Meal** Breakfast

## Include / Exclude

- Airport pick up and drop
- Accommodation in Kathmandu (Himalayan Suite Hotel or similar), Pokhara (Hotel Lake Star or similar) in twin sharing bed and breakfast basis.
- Accommodation in Chitwan at Hotel Sevenstar or Hotel Parkland or similar and in Kurintar at Trishuli Riverside Resort in tented camp on twin sharing basis with breakfast, lunch and dinner
- Jungle activities in Chitwan
- Rafting on Trishuli river
- International name brand ISO/CE certified rafting equipment including helmets, PFDs, paddles, and splash jackets
- Transportation by tourist bus (Kathmandu – Kurintar – Chitwan – Pokhara – Kathmandu)
- Kathmandu and Pokhara sightseeing tour with English speaking guide
- All government taxes and office expenses
- Accommodation at a three-star standard hotel on a twin-sharing basis in Bhutan
- All Three Meals with Evening Tea in Bhutan
- Road Permit / Special Permits/ Taxes
- A licensed Bhutanese tour guide for the extent of your stay
- Museum Fees
- SUV car with Driver in Bhutan
- Lunch during your trip except in Kurintar and Chitwan
- Flight Cost PKR – KTM (USD 120 PP one way)
- City sightseeing monument fees
- Personal expenses and alcoholic drinks
- Tips and gratitude to guide and drivers
- Flight to and from Paro (Bhutan)
- Single Room Supplement Charge USD 30 per night in Bhutan
- Any other extra services not noted above
- SDF (Sustainable Development Fee) INR 1200pp per night





# Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

## Our Contact

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