

NEPAL AND TIBET OVERLAND TOUR



Tibet Overland Tour takes you to the vast lands of Tibet where you are blessed with the view of stunning landscapes, quailm Lakes, huge mountains and the colorful culture of Lhasa city. The journey begins with a day tour of Kathmandu valley. On this day tour, you will visit Pashupatinath, Boudhanth, Swayambhunath and Patan Durbar Square. After visiting historical and religious sites of Nepal, the next day, you will head to Nagarkot via Bhaktapur Durbar Square. After that you will continue your journey to Kerung next day. The drive to Kerung is quite adventurous as you will drive through off the beaten roads of Nepal. Upon arrival in Kerung, you will go through a security check at border between Tibet and Nepal. After crossing Kerung, you will come across the highest plateau of the world. From there you can witness the glorious view of Mt. Cho Oyu (8201m), Mt. Shishapangama (8012m) and the tallest mountain of the world Mt. Everest (8848m). In the beginning of the Tibet part of the trip, you will experience the remoteness of the place. There are no means of technologies in these parts of the region. You will be accompanied by the breathtaking scenic view while driving through Tengri, Lhatse, Shigatse and Gyantse. Between the drive, gorgeous houses with unique design are seen as well as you will visit many monasteries and gumbas. After driving for hours from Gyantse, you will reach Lhasa city. In Lhasa, you can experience a touch of modernization and development along with rich cultural heritage of the Tibet. Explore the major attraction of Tibet like Potala palace, Barkhor Bazar, Sera monastery, Derapung monastery and Jhokhang palace and observe their spectacular architecture and decoration. Join Himalayan Social Journey in this amazing Tibet Overland Tour and make the memory that will last for a lifetime.

Outline Itinerary (13 Days)

Day 1 : Arrival in Kathmandu

Your arrival to Tribhuvan International Airport and transfer to Hotel. Orientation in the evening at around 5 PM. At evening welcome dinner with the cultural program at the Local restaurant. Overnight at Himalayan Suite Hotel. (D)

Day 2 : Full day sightseeing tour of Kathmandu valley

After breakfast, our Himalayan Social Journey City tour guide will take you to different UNESCO listed world heritage sites of Nepal. Today, you will visit Pashupatinath Temple or Kapan Monastery, Boudhanath, Swaymbhu and Patan Durbar square. Overnight at Himalayan Suite Hotel. (B)

Day 3 : Drive to Nagarkot Via Bhaktapur

After breakfast, drive to Bhaktapur, which is around an hour-long drive. Enjoy sightseeing in the oldest city of Bhaktapur for around 2 hours before driving to Nagarkot to see breathtaking views of the Himalaya. Nagarkot is one of the best places to enjoy the sunrise, sunset, and stunning views of the mountain of eastern Nepal, including Mt. Everest. Overnight at Hotel Himalayan Villa. (B)

Day 4 : Preparation Day

Early morning enjoy the sunrise view from Nagarkot and drive back to Kathmandu. This day we will prepare for Tibet Tour. Our guide will help you to buy necessary equipments if necessary. Overnight at Himalayan Suite Hotel (B)

Day 5 : Kathmandu (1310m) - Kerung Border (2800m) 185km. 08 – 09 hours' drive

Early in the morning scenic drive to kerung border nepal tibet border through the beautiful nepalese countryside and after necessary border formalities at nepali immigration and cross the bridge process for all necessary formalities in chinese immigration continue drive to kerung town. Stay overnight at guest house. (BB)

Day 6 : Kerung town (2800m) - Tengri (4,300m)/ Lhatse (4,350m) 370 km 05 -06 hours' drive.

After breakfast drive uphill to the height plateau of the world with the typical view of tibetan landscape offering sheer feeling of standing of

the roof of the world from where weather permitting, breathtaking panorama of beautiful himalayan ranges including mt. Cho oyu (8,201m) and mt.xishapangma (8,012m)but dwarfed by the vastness of the tibetan plateau. From tingri one can enfou the magnificence of mt. Everest (8,848m) stay overnight at guest house. Tingri guest house.or similar. (BB)

Day 7 : Tengri (4,300m)/ Lhatse (4,350m) – Shigatse (3,900m) 235km/ 265km 05 -06 hours' drive.

After breakfast continue drive scenic crossing over gyatchu la (5,220m), the highest pass en route to lhasa via lhatse from where a road to mt.kailash bifurcates to the west. Stay overnight at hotel. Shigatse yakhotel or similar. (BB)

Day 8 : Shigatse (3,900m) – Gyantse (3,950m) 90km 04 -05 hours' drive

After breakfast morning sightseeing to the Panchen Lama's Tashi lhumpu monastery. Drive to Gyantse and visit Kumbum stupa and Phalkhor monastery .stay overnight at hotel. Stay overnight at hotel. Yutuo hotel or similar (BB)

Day 9 : Gyantse (3,950m) - Lhasa (3,650m)

261 km 05 -06 hours' drive

After breakfast full day picturesque drive crossing over Karola (5,010m), Kambala (4,749m), colorful Yamdrok- tso lake and the Tibetan lifeline river brahma Putra (Yarlung Tsangpo).stay overnight at hotel (BB)

Day 10 : Sightseeing in Lhasa (3,600m)

After breakfast two full days sightseeing tour to Lhasa including Jokhang temple, Barkhor bazar, Potala palace, Drepung and sera monasteries. Stay overnight at Hotel (BB)

Day 11 : Sightseeing in Lhasa (3,600m)

After breakfast two full days sightseeing tour to Lhasa including Jokhang temple, Barkhor bazar, Potala palace, Drepung and sera monasteries. Stay overnight at Hotel (BB)

Day 12 : Lhasa to Kathmandu or Main Land China.

After breakfast drive to Gonggar airport or train station for your departure flight to Kathmandu. Overnight at Gokarna Forest Resort or Hyatt Place Kathmandu (B)

Day 13 : Departure!!

After breakfast, drop you to the airport for your departure. (B)

Include / Exclude

- Airport pick-up and drop
- Accommodation in Kathmandu at Himalayan Suite Hotel and Gokarna Forest Resort or Hyatt Place Kathmandu and in Nagarkot at Hotel Himalayan Villa on twin sharing, BB basis
- Best available Hotel/Guest House enroute on BB basis
- All necessary transportations during the trip
- Sightseeing tour as per the program
- English speaking guide,
- Monastery entrance fee.
- Tibet tour permit
- Lunch and dinner
- Your Travel Insurance
- In case of landslides extra charge for porters and transportation (\$10- \$15)
- Airfare Lhasa/Kathmandu
- Tibet/China visa fee and urgent visa charge.



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

Our Contact

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