



Nepali Cuisine Cooking Class



Highlights

- Experience the essence of the art of cooking to provide exquisite Nepalese dishes
- Delve into the enchanting world of Nepalese cuisine
- Go to a local market to buy ingredients for your meal
- Learn about the food culture of the region from an experienced chef

Overview

They say one of the best ways to know a culture is through its cuisine- so except to enjoy a slice of authentic Nepali life in this authentic, cooking class. Cooking class with Himalayan Social Journey (HSJ) is interactive class where you get to learn and asked about the history, background of the food with our very own cooking instructor. The class will be conducted by an experienced chef which also includes a visit to the typical local market of Kathmandu. You will be visiting the local market of Kathmandu - Ason. Basically, Ason is a shopping hub of the Kathmandu and if you want to see the hustle and bustle of Kathmandu city, you must visit Ason and experience it by yourself.

In this cooking class with class, you may learn about various local delicacies of Nepal and how they are cooked and what type of ingredients are used. In this fun class, learn to make beloved and much mainstreamed food i.e. Momo, varieties of yummy curries, our own version of bread which includes roti and the absolute favorite Sel roti which is slightly similar to American donuts. Cooking class with HSJ offers two classes in the morning and the afternoon. You can try cooking some Nepalese dishes any time you want. If you have a short amount time left, join this exciting and fun class and while you are at it learn some Nepalese phrases as well.

Outline Itinerary (Days)

Day 1 : Cooking Nepali Food

Morning Session

9:00am meet up at cooking class, local market visit

10:00am cooking class commences

12:00pm-1:00pm taste your own creations

Afternoon Session

1:30pm meet up at cooking class, local market visit

2:30pm cooking class commences

4:30pm-5:30pm taste your own creations

Include / Exclude

- Hotel pickup and drop-off from Thamel area
- Experience chef instructor
- 4-hour cooking class
- Trip to a local market
- **Gratuities**



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, " Ecstasy is within you, safety the first."

Our Contact

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