



Yala Peak Climbing

Overview

This peak is situated north of Kathmandu in the Langtang area. This is an easy peak to climb and suited for anyone with trekking experience. We start in Syabrubesi after a 5-hour drive from Kathmandu and spend five days hiking up the beautiful Langtang valley to Kyanjin Gompa at 3800 m. Kyanjin Gompa is situated below Langtang Lirung (7246 m) and we spend three days acclimatizing taking day-hikes in spectacular surroundings. We establish base camp on a meadow at 4800 m and climb Yala Peak the next day. The last 400 m is on ice so we will be using crampons, ice axe and rope. From the summit, we can see Shishapangma (8046 m) and the fluted Gangchempo (6388 m).

Yala Peak Climbing in the Langtang valley area is non-technical, easy and less difficult. Yala Peak is ideal for beginners who want to try peak climbing. There is no requirement for previous experience, but a reasonable fitness standard is a must for climbing. You can see spectacular views of the famous snow-covered mountains from the top of Yala Hill, Langtang Lirung 7246 m. Gangchempo 6387 m., Dorje Lakpa 6990 m and Naya Kanga Hill 5844 m., Shishapangma 8027 m.

Highlights of Yala Peak Climbing

- Day tour of cultural heritage sites of Kathmandu valley
- Scenic drive to Dhunche or Syabru Bensi
- Meet the locals and herds on the trek
- Stunning landscapes and glorious views of the Himalayas of Langtang region
- Summit of Yala Peak
- Visit the beautiful Kyanjin Gompa

The route to Yala Peak Climbing

From Syabrubesi-after a 7-8 hour drive from the Kathmandu Valley we continue our walks from the starting point. Cross the thick Rhododendron, Oaks, and Pines forest through the hotel The Lama. The hotel is a local ethnic group. The 3800 m altitude Kyanjin Gompa is the first location before the Yala Base Camp to become acclimatized. Our camp and planning to reach the summit can be planned easily.

The Yala Peak is the highlight of our itinerary, comfortably acclimatized and completely fitted, accompanied by our seasoned climbing experts. Until we reach the summit of Yala Peak, we can have a wonderful view of Langtang Valey and the vantage point for



Shishapangma 8046 m on a Tibetan side: 7245 m, Dorje Lakpa 6990 m, Pemthang Karpo 6830 m and Gangchenpo 6387 m.

At the summit, we spend a brief time and descend along the same path. A panoramic drive from Syabrubesi to Kathmandu concludes the adventurous journey of the Yala Peak Climbing with Himalayan Social Journey

Outline Itinerary (16 Days)

Day 1 : Arrival in Kathmandu

Our agent will greet you and escort you directly to your hotel after arriving at the Tribhuvan International Airport.

You'll take a rest after settling at the hotel. In the evening, a typical welcome meal is served.

Accommodation: Himalayan Suite Hotel Meal: Dinner

Day 2 : Half day Kathmandu Sightseeing tour

Today is the day to plan the climb. You will have a group briefing about your climbing excursion. You'll be given the chance to meet your guide and fellow trekkers and chat about the appropriate equipment. You can grab your goods and drive around Kathmandu Valley for half-day sightseeing for UNESCO World heritages.

Accommodation: Himalayan Suite Hotel Meal: Breakfast

Day 3 : Drive to Syabru Bensi

In the wake of morning breakfast, you travel by means of transport through Trishuli Bazaar, and afterwards Dhunche to Syabrubesi. In spite of the fact that roads are uneven and harsh, the journey shall turn out to be so pleasurable with sights of lovely scenes and snow-secured mountains. You remain at a hotel in Syabrubesi. Ensure you rest on time as your body is worn out on the long and suffering bus ride.

Accommodation: Yella Peak Guest House Meal: Breakfast Activity: Drive to Syabru Bensi 6-

7hrsAltitude: 1462m

Day 4 : Trek to Lama Hotel

As the trek starts, you go through Trisuli River and pursue Langtang River. Walking through a suspension bridge, you need to stroll through Pahiro to reach to Bamboo. The trail at that point crosses a subtropical woodland. Red Panda, Langur monkey, wild pigs and different feathered creatures occupy the woods. The trail at that point rises through Rimche to end the day trek at Lama Hotel. Overnight at Original Lama Hotel Guest House (attached bathroom). (BB)
Accommodation: Original Lama Hotel Guest HouseMeal: BreakfastActivity: Trekking 4-5hrsAltitude: 2500m

Day 5 : Trek to Langtang Village (3200m)

Subsequent to morning breakfast, the fifth-day trek starts with a delicate tough ascension up the trekking trails. However, the trail before long gets steep as you trek further. You shall have a look at excellent Langtang Lirung and other snow-shrouded tops beginning showing up, your trek turns out to be additionally intriguing. You can give your legs a rest and have your lunch in Ghoda Tabela. As you climb up, you will reach to a wonderful valley – Langtang where you will see yaks brushing everywhere throughout the fields. You will go through your fifth night in Langtang Village.
Accommodation: Guest HouseMeal: BreakfastActivity: Trekking 4-5hrsAltitude: 3200m

Day 6 : Trek to Kanjingompa

You go through a Buddhist place of worship and trek to Mundu. After you traverse streams, wooden scaffolds and moraines, you get a look at Buddhist religious community called as Kyanjin Gumpa. The town is named after a Buddhist religious community Kyanjin Gumpa which is

comprised of nearby woods and stones. There are Buddha pictures and icons. You can visit a cheddar ie, Cheese processing plant there. You can rest or tour the region after lunch. Langtang Lirung, Kyanjin RI, Tsergo RI, Langshisha RI, Yala Peak are some mountain tops you can see from Kyanjin Gumpa.

Accommodation: Guest House Meal: Breakfast Activity: Trekking 3-4 hrs Altitude: 3798m

Day 7 : Excursion to Tserkori (5033M)

The seventh day is for rest. As you have moved to more than 3800-meter elevation, your body needs to conform to the adjustment in the earth. Additionally, it is a safeguard for height affliction. On the off chance that you feel good, you can investigate Kyanjin as you can visit the religious community, cheddar plant, and icy masses. You can likewise climb to Kyanjin RI or Tserko RI. From those focuses, you can see the stunning view of Langtang Valley, Langtang Lirung, and some other snow-shrouded mountain tops. Tserko RI remains at a height of 5,033 meters which is the most elevated peak of Langtang Valley trek.

Accommodation: Guest House Meal: Breakfast Activity: Excursion in Kyanjin Gumpa Altitude: 3798m

Day 8 : Trek to Yala Peak Basecamp (4800M)

Head to Yala Base Camp at an altitude of 4,500 m. You leave Kyangjin Gumpa today. Early in the morning, you'll continue your walk with a view over Ganchenpo, Naya Kanga, Tserko Ri, Yala Hill, etc. The Yala base camp trekking is a short training session to capture the summit on the next day. You will stay at Yala Base Camp overnight.

Accommodation: Camp Meal: Breakfast, Lunch, and dinner Activity: Trek to Yala Base Camp 6-7 hours Altitude: 4800

Day 9 : Yala Peak Summit (5732M)

This is the day you 're going to climb Yala Peak. You 're heading for Yala peak Climbing early in the day. This is a six-hour journey where the nearby peaks and the scenery of the Langtang area can be enjoyed with enough time.

You can eventually get to the top with limited technical difficulties. On landing, the views of Shishapangma, Dorje Lakpa, Ganchenpo, Naya Kang, and many other Tibetan summits are breathtaking. You must return to the base camp after successfully reaching the point.

Accommodation: Camp Meal: Breakfast, Lunch, and dinner Activity: Trek to Yala Base Camp 6-7 hours Altitude: 5732m

Day 10 : Reserve day in case of bad weather for the climbing

Day 11 : Trek to Ghoratabela (3050M)

You will be trekking to Ghoratabela as your turn around for the trip's end. 5-6 hours of trekking will bring you to the lodge where you will spend your night.

Accommodation: Guest House Meal: Breakfast Activity: Trekking 5-6 hrs Altitude: 3050m

Day 12 : Trek to Lama Hotel (2200m)

You drop in excess of 1430 meters for around 6 hours trek for medium-term remain at Lama Hotel. As you return through a similar trail, you can take a rest in Ghoda Tabela and eat. Ensure you appreciate the heavenly perspective on the snow-secured mountain extends while diving down to Lama Hotel – it's an incredible sight.

Accommodation: Original Lama Hotel Guest House Meal: Breakfast Activity: Trekking 5-6 hrs Altitude: 2200m

Day 13 : Trek to Sebrubensi (1200M)

You trek downhill through beautiful forests and villages to Syabrubesi from where you shall be driving back to Kathmandu. Yella Peak Guest House. (BB)

Accommodation: Yala Peak Guest House Meal: Breakfast Activity: Trekking 4-5hrs Altitude: 1462m

Day 14 : Drive back to Kathmandu

Drive back to Kathmandu through Pasang Lhamu Highway along the Trishuli riverside. 7 to 8 hours drive will take you back to Kathmandu. At night, you get the opportunity to impart encounters to your aides or companions with supper at the lodging.

Accommodation: Himalayan Suite Hotel Meal: Breakfast Activity: Driving 6-7hrs

Day 15 : Free day in Kathmandu.

If you wish you can take up the half-day sightseeing of more world heritage sites of Kathmandu. Or take in full rest day.

Day 16 : Transfer to airport for your departure

It is now time to say goodbye. You will be driven to the airport for your departure with a heartwarming farewell. You will be provided breakfast before your departure from the hotel.

Meal: Breakfast

Include / Exclude

- All surface transfers as per itinerary.
- Three-star category hotel in Kathmandu (Himalayan Suite Hotel) in twin sharing bed and breakfast basis
- Accommodation in a tea house with breakfast during the trek days
- Accommodation in Tented camp while climbing with freshly cooked meals (Breakfast ,Lunch ,Dinner)
- Climbing Clinic Course at base camp
- All required Climbing gear: Tents, Plastic climbing boot, crampons, climbing rope, ice axe, zoomer, harness, the figure of eight, carabineer etc
- Experienced climbing Sherpa guide and support staff
- Trekking permit & National park fee
- Transportation by bus or Sharing Jeep
- Fooding, lodging and other expenses of the climbing crew
- Sightseeing tour in Kathmandu with experience tour guide
- Proper Insurance of all staff including porters.
- Thirty minute special massage at Himalayan Suite Spa
- Lunch and dinner except climbing days(meal cost \$ 5-10)
- Personal equipment and clothing
- You travel insurance
- City sightseeing monument entrance fee in Kathmandu(NPR 200+400+1000)
- Anything not mentioned in include list



Himalayan Social Journey

Himalayan Social Journey has come up with exclusive packages based on travelers' budgets in Nepal, India, Tibet, and Bhutan with the slogan, "Ecstasy is within you, safety the first."

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